



Social Skills Lesson Plan  
for Tough Kids

1

**REVIEW HOMEWORK FROM PREVIOUS SESSION**

Have the Tough Kid report on situations in which he or she practiced the skill.

*Skill:*

2

**INTRODUCE AND DEFINE THE SKILL**

Introduce and define the new social skill. Ask the Tough Kid to give you the definition.

*Definition:*

3

**TEACH STEPS TO THE SKILL (see Individual Skill Cards in Appendix A)**

- 1.
- 2.
- 3.
- 4.
- 5.

4

**PROVIDE AN EXAMPLE**

*Example:*

5

**PROVIDE A RATIONALE**

Provide a reason why the Tough Kid would want to use the skill. Then ask the Tough Kid to think of some other good reasons for using the skill.

*Rationale:*

(continued)



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6

**PROVIDE MORE EXAMPLES**

Give more examples that illustrate the skill. Refer to the Common Classroom Stimuli Assessment to find examples of situations the Tough Kid is likely to encounter in the general education classroom.

7

**PROVIDE NON-EXAMPLES**

Non-examples are based on examples provided in Step 6. After each non-example, ask the student, "What's going to happen?"

8

**ROLE-PLAY**

Role-play use of the social skill with the student. Use the examples provided in Step 6, or develop new ones that present situations the Tough Kid is likely to encounter in the general education classroom. Be sure to socially reinforce any Tough Kid who is genuinely making an effort to role-play.

9

**REVIEW THE SKILL**

Review the skill definition, rationale, and steps.

10

**HOMEWORK**

Assign homework. For example, have the Tough Kid identify opportunities to use the skill and then report back on what happened. Or have the Tough Kid think of more examples of when to use the skill, then role-play them with you.